RESIDENT HANDBOOK ADDENDUM

To: All Residents

From: Lloyd Theiss

Date: January 12, 2021

Re: Resident Committees, Discussion Groups, and Open Forums

With the help of the Resident Council, I have been looking at the various resident committees and groups here at The Highlands. With COVID, I know you all have been staying in your home more than usual, but there are still many opportunities for you to be engaged; perhaps one of these committees or groups will be just the ticket! Unfortunately, we are currently required to monitor the size of our group gatherings so I suggest you call the administrative rep or resident who oversees the group in advance to ask about joining/attending.

I will start with a brief definition of a committee, discussion group, and open forum. This information will serve as an update to pages 67-69 in your Resident Handbook.

What is a Committee?

A HAP Committee is managed by a member of HAP administration. That individual schedules the meetings, reserves a meeting space, creates an agenda, and records meeting minutes. Committee members are HAP residents and sometimes HAP staff. A liaison from the Resident Council attends the meetings and reports back to the Resident Council. Here are the HAP Committees:

Community Outreach Committee: Administrative Rep: Ann Julien, 641-6388
Meeting schedule: No set schedule; meetings held as needed to plan charity events, etc.
Purpose: The committee has a mission to give back to the greater community through various philanthropic endeavors.

Dining Committee: Administrative Rep: Andy Trepanier, 641-6334
Meeting schedule: 2nd Tuesday at 1:00 p.m. in Oneida Room
Purpose: The committee serves in an advisory capacity to the dining department. Members may be asked to evaluate & review various operational aspects of the dining experience and recommend changes where applicable.

Friendship Committee: Administrative Rep: Ann Julien, 641-6388
Meeting schedule: 2nd Tuesday at 11:00 a.m. in Music Room
Purpose: The committee helps welcome new residents to HAP. Each new resident is assigned at least one Ambassador from the committee to help them acclimate to life at The Highlands.

Landscape Committee: Administrative Rep: Russell Perrone, 641-6302
Meeting schedule: 2nd Monday at 1:00 p.m. in Oneida Room; April thru October only
Purpose: The committee meets with management to discuss the care and maintenance of the lawns, shrubs, plants, and trees throughout the entire campus. Members may also suggest and review proposals for improvements.

Library Committee: Administrative Rep: Margaret Leyden, 641-6387
Meeting schedule: 3rd Wednesday at 10:00 a.m. in Oneida Room
Purpose: Committee members must be willing to assume responsibility for a number of tasks in the library to ensure organization and general tidiness. Tasks may include shelving books; weeding old, damaged, or seldom-used books; managing newspapers & magazines.

What is a Discussion Group?
A HAP Discussion Group is led by a HAP resident. That individual schedules the meetings, reserves a meeting space, creates an agenda, and communicates time, place & agenda to interested residents. Generally minutes are not recorded. There is no liaison from the Resident Council. An administrative rep may participate in the discussion group upon request or act as a consultant. Discussion Groups are open to all residents with an interest. Occasionally a report may be made to the Resident Council upon request. Here are the HAP Discussion Groups:

Book Discussion Group:
Led by residents: Janet Steiner (310-7366), Nancy Hare (586-4769), Carolyn Dancy (381-5369)
Meeting schedule: 2nd Monday
Purpose: While one may think of reading as a solitary, passive activity, the HAP Book Discussion Group is an opportunity to share the pleasure of reading and then discuss one's thoughtful responses with others. Books are a mix of classics, bestsellers, science, biography, poetry, and other books that stimulate our thinking.

Current Events Discussion Group:
Led by resident: Edward Kokkelenberg (310-7366)
Meeting schedule: 2nd and 4th Friday
Purpose: The mission of the Current Events Discussion Group is to educate ourselves and talk over current events. The group does so by frequently using knowledgeable experts to explore the background & nuances of an issue and to present relevant facts to our members. The result is a more informed discussion. This allows residents an opportunity to expand their understanding of current issues, minimizing partisanship, and to present their own views in an educated & respectful manner.

Go Green Discussion Group:
Led by resident: Ralph Carter (267-7247)
Meeting schedule: To be determined
Purpose: The group researches and discusses practices that may lead to more environmentally-friendly and ecologically-responsible lifestyles at HAP and makes recommendations to HAP administration where applicable.

Health Affairs Discussion Group:
Led by resident: Dr. John Bennett (310-7617)
Meeting schedule: Last Monday at 11:00 a.m. in Music Room
Purpose: The group discusses various health related issues to help ensure that health & wellness programming and services at HAP are carefully developed to fulfill the principles of the Seven Dimensions of Wellness.

Library Book Selection Group:
Led by resident: Al Lorenzo (381-8910)
Meeting schedule: 4th Tuesday at 10:00 a.m. in the Parlor
Purpose: The group works collaboratively with the Library Committee. Each month, the group chooses approximately 6-7 new books to be purchased by HAP & added to the library, based on resident recommendations and their own research. The group also reviews donated books & decides which ones will be added to the library.

What is an Open Forum?
An Open Forum is an opportunity for all residents to offer feedback and suggestions to HAP administration. A Forum is led by HAP administration. Notes may be taken. There is no liaison from the Resident Council. Forums are open to all residents with an interest. Occasionally a report may be made to the Resident Council upon request. Here are the HAP Open Forums:

Cultural Programming Forum:
Administrative reps: Margaret Leyden (641-6387), Elizabeth David (641-6344)
Meeting schedule: 1st Monday at 11:00 a.m. in Oneida Room
Purpose: This is an open forum for any residents who wish to suggest, discuss, or evaluate HAP programs or activities.

Food Forum:
Administrative rep: Andy Trepanier (641-6334)
Meeting schedule: 1st Wednesday at 2:00 p.m. in Oneida Room
Purpose: This is an open forum for any residents who wish to discuss their dining experience including menu items and dining room concerns.